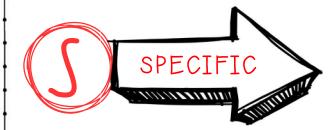


Goal Planning



What EXACTLY do you want to accomplish?



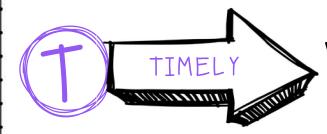
How will you know when you meet your goal?



Is it possible to meet this goal with effort by your timeline?



Is this goal worth working hard to accomplish?



What is the deadline you set to meet your goal?

A goal without a plan is just a wish. ~Antoine De Saint Exupery

Christing Winter 2017

Name Date Goal Planner What EXACTLY do I want to accomplish? SPECIFIC How will I know when I meet my goal? MEASURABLE Is it possible to meet this goal with effort by my timeline? ATTAINABLE Is this goal worth working hard to accomplish? Does it help me with my long term goals? RELEVANT TIMELY What is the deadline I have set to meet this goal? A goal without a plan is just a wish. ~Antoine De Saint Exupery